

Practice simple hygiene by sanitising hands regularly

1.

Apply a palmful of the product in a cupped hand, covering all surfaces



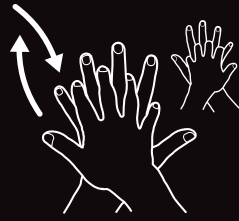
2.

Rub hands palm to palm



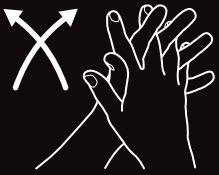
3.

Rub it hand over hand, both ways, and between your fingers



4.

Rub it palm to palm with fingers interlaced



5.

Backs of fingers to opposing palms with fingers interlocked



6.

Rotational rubbing of left thumb clasped in right palm and vice versa



7.

Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



8.

Once dry, your hands are fully cleansed

